



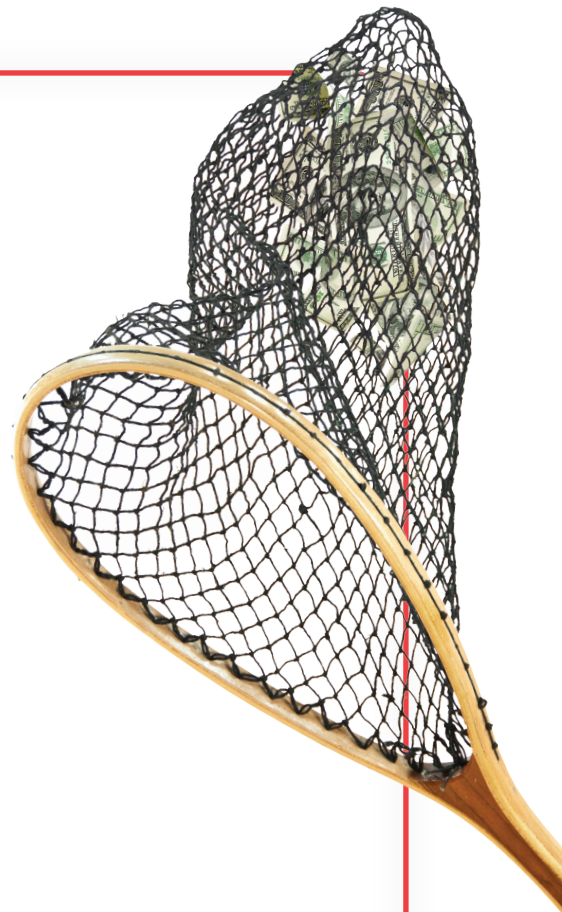
# Parity Pricing Dose Optimization Saves Hospital \$5.85 PMPM

When drug manufacturers use parity pricing, it generates additional revenue for them at the expense of unsuspecting providers, plan sponsors, and their members. Providers may not know the medication they prescribed costs the same per unit regardless of the strength, causing the plan sponsor and member to unknowingly overpay for prescription drugs while adding no additional value for the member. Plan sponsors need an expert advocating on their behalf to provide independent clinical oversight and help remedy these unwarranted situations when they occur.

## The Challenge

A mid-sized health system located in the northeast United States had an annual spend of more than \$7.9 million, \$120.43 per member per month (PMPM). A single member utilizing the medication Afinitor Disperz accounted for \$65,000 per month, or \$6.18 PMPM, with more than \$400,000 in spend accrued over the five months between November 2019 and April 2020. This one claim for Afinitor Disperz 2mg resulted in the member receiving a quantity of 119 tablets every 28 days to achieve the prescribed daily dosing. The parity pricing had gone unnoticed by the pharmacy benefit manager (PBM) and its reviewers, the physician, and the pharmacy.

**\$7.9M** Annual  
Pharmacy  
Spend



## The Solution

Upon identifying the claim, the RxBenefits team of clinical pharmacists quickly intervened to optimize the dosing of this claim. We initiated a peer-to-peer review with a specialized physician. Our joint evaluation concluded that the daily 8mg dose could be optimized, safely switching the member from taking four 2mg tablets daily to taking one 3mg and one 5mg tablet daily. This switch would reduce the number of units daily by half, thereby cutting the cost in half as well.



### Initial Regimen

Afinitor Disperz Tablets  
Four 2mg tablets daily / 28 days

**Pre-Rebate Monthly  
Plan Cost: \$62,225**



### Modified Regimen

Afinitor Disperz Tablets  
One 3mg and one 5mg  
tablet daily / 28 days

**Pre-Rebate Monthly  
Plan Cost: \$30,215**



## Overall Optimization Results

RxBenefits worked with the prescriber to successfully redirect the high-cost prescription drug claim to a lower-cost option that meant fewer pills for the member to take each day. Our dose optimization intervention helped the health system reduce unnecessary spending for this claim, lowering its projected overall pharmacy benefit plan costs for the year.

**\$5.85** PMPM Expected  
Plan Cost Reduction

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**\$224,070** Cost Avoidance for  
the Remainder of 2020

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**\$384,120** Cost Avoidance  
Over 12 Months

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**4.9%** Overall Plan  
Savings Annually



Are your clients paying too much for your pharmacy benefits? To learn how we can help your clients manage high-cost claims before they're paid, contact your local business development executive.

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